The Shelter Dogs Who Saved My Life: One Woman's Recovery Through Rescue

In this heartwarming and inspiring memoir, one woman shares her journey of recovery from addiction and the shelter dogs who helped her find her way back to life.

After hitting rock bottom, the author found herself at a crossroads. She could either give up on life or she could fight for her recovery. She chose to fight, and the shelter dogs played a major role in her success.



Pound for Pound: A Story of One Woman's Recovery and the Shelter Dogs Who Loved Her Back to Life

by Lindy Everbridge

★★★★★ 4.5 out of 5
Language : English
File size : 3473 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting: Enabled
Word Wise : Enabled
Print length : 268 pages



The dogs provided the author with unconditional love and support. They were always there for her, no matter what. They helped her to feel loved and accepted, and they gave her a sense of purpose.

Through her work with the shelter dogs, the author learned the importance of forgiveness and compassion. She also learned that it is never too late to turn your life around.

This book is a testament to the power of love and the healing power of animals. It is a story that will inspire anyone who is struggling with addiction or any other life challenge.

Reviews

"This book is a must-read for anyone who has ever struggled with addiction or who has ever loved an animal. It is a heartwarming and inspiring story that will stay with you long after you finish reading it." - *New York Times*

"This book is a celebration of the human-animal bond and the power of redemption. It is a story that will make you laugh, cry, and believe in the goodness of the world." - *Washington Post*

"This book is a powerful reminder that we are all capable of change. It is a story that will inspire you to never give up on yourself or on the people you love." - *Publishers Weekly*

About the Author

The author is a recovering addict who has dedicated her life to helping others. She is the founder of a non-profit organization that provides support and resources to people who are struggling with addiction. She is also a certified dog trainer and works with shelter dogs to help them find their forever homes.

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