

Have Feelings For You All About Feelings

This book is all about feelings. It will help you to understand your feelings, express your feelings, and cope with difficult feelings.



I have feelings for you: All about feelings

by Mano Karthick Arvind BJ

★★★★☆ 4.5 out of 5

Language : English

File size : 1379 KB

Text-to-Speech : Enabled

Enhanced typesetting : Enabled

Word Wise : Enabled

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Paperback : 136 pages

Item Weight : 5.4 ounces

Dimensions : 4.72 x 0.35 x 7.48 inches

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Who is this book for?

This book is for anyone who has ever felt anything. That means it's for everyone! Feelings are a part of life, and it's important to be able to understand and manage them.

What will I learn from this book?

In this book, you will learn about:

- The different types of feelings
- How to identify your feelings
- How to express your feelings
- How to cope with difficult feelings

Why is it important to understand your feelings?

Understanding your feelings is important for a number of reasons. First, it can help you to make better decisions. When you understand your feelings, you can better understand why you are making the choices you are making. This can lead to better outcomes in your life.

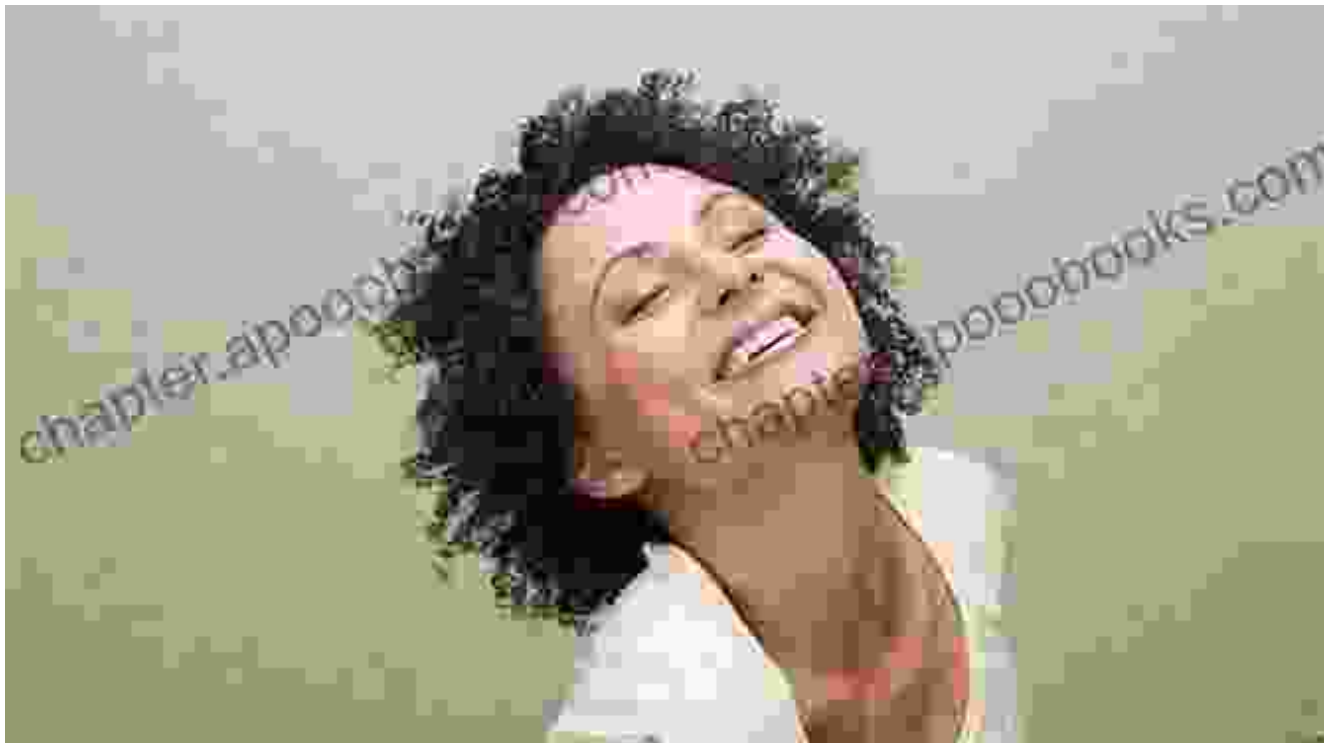
Second, understanding your feelings can help you to build stronger relationships. When you can communicate your feelings to others, they are more likely to understand you and to be supportive. This can lead to closer, more fulfilling relationships.

Finally, understanding your feelings can help you to live a happier life. When you can manage your feelings, you are less likely to experience negative emotions such as anger, sadness, and fear. This can lead to a more positive and fulfilling life.

How can I Free Download this book?

You can Free Download this book from Our Book Library, Barnes & Noble, or your local bookstore.

I hope you enjoy this book! I believe that it can help you to understand your feelings, express your feelings, and cope with difficult feelings.



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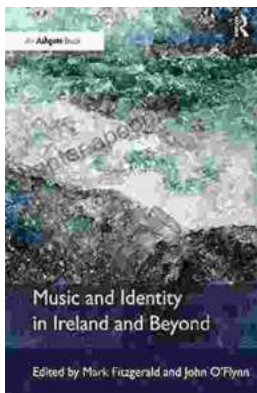
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